

Please Join Us...

A photograph of several tepees in a grassy field with snow-capped mountains in the background under a blue sky with scattered clouds. The tepees are made of wooden poles and animal skins, with one being blue and others grey. The mountains are rugged and partially covered in snow, with some autumn-colored trees in the foreground.

Achieving Excellence, Harmony, and Balance Conference

Innovation Powered by Partnerships
to Transform Health Professions Education
in American Indian and
Alaska Native Communities

October 7–9, 2009

Big Sky Resort, Big Sky, Montana

Hosted by **Pathways Into Health**



Pathways Into Health

A GRASSROOTS ORGANIZATION DEDICATED TO IMPROVING THE HEALTH, HEALTH CARE AND HEALTH CARE EDUCATION OF AMERICAN INDIANS AND ALASKA NATIVES

PATHWAYS INTO HEALTH

is a grassroots collaboration of more than 150 individuals and organizations dedicated to improving the health, health care and health care education of American Indians and Alaska Natives (AI/AN). We are combining the expertise, resources, and strength of Tribes and AI/AN organizations, tribal colleges, prominent universities, the Indian Health Service and American Indian and Alaska Native communities as we work together to solve a major problem that exists today — the shortage of AI/AN healthcare professionals.

Please visit us at www.PathwaysIntoHealth.org
Contact us at PathwaysIntoHealth@gmail.com

PATHWAYS INTO HEALTH MEMBERS

A. T. Still University
Aberdeen Area Indian Health Service
Alaska Native Science Commission
Arizona AHEC Program
Arizona Association of Community Health Center
Arizona Biomedical Collaborative
Arizona Department of Health Services
Arizona School of Dentistry and Oral Health
Arizona State University
Beth Isreal Deaconess Medical Center
Chief Andrew Isaac Health Center
Chief Dull Knife College
Chief Dull Knife Tribal College
Chinle Comprehensive Health Care Facility
Department of Family and Preventative Medicine
Diné College
Florida Atlantic University
Georgetown University
Harvard University
Harvard University, Medical School
Harvard University, Native American Program
Hight Street Health Center
Hopi Health Care Center
Hopi Health Care Network
Hopi Tribal Council
Hopi Tribe

Hopital Albert Schweitzer Haiti
Hualapai Community Youth Wellness Project
Indian Health Service
Indian Health Service Headquarters
Indian Health Service- Navajo Area
Indian Health Service- Tucson Area
Indian Health Service, Native American Cardiology Program
Institute for Public Health
Inter-Tribal Council of Arizona
KIC Tribal Health Clinic
Lakeland Regional Health System
Mariposa Indian Health Center
Montana State University
National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention
National Indian Health Board
Native American Cardiology Program
Native American Connections
Native American Tribal Health Consortium
Native Peoples Technical Assistance Office
NAU Health Education Center
Navajo Area
Navajo Nation
Navajo Nation Division of Health
Northern Arizona University

CONFERENCE SPONSORS

- Pathways Into Health
- American Dental Association, Council on Access, Prevention and Interprofessional Relations (CAPIR)
- Northern Arizona Area Health Education Center/ North Country HealthCare
- Montana State University Office of Rural Health and Area Health Education Center
- Montana State University, Division of Graduate Education
- Sanford School of Medicine of the University of South Dakota
- University of Alaska Anchorage
- University of Alaska Fairbanks, Alaska Rural Behavioral Health Training Academy
- U.S. Department of Health and Human Services – Office of the Regional Health Administrator, Regions V and VIII
- U.S. Department of Health and Human Services – Office on Women's Health, Regions V and VIII

Pascua Yaqui Tribe
Peach Spring Elementry School
Phoenix Area Indian Health Service
Rockville Area Indian Health
Salish Kootenai College
SANDS Study
Sante Fe Community College
Sisseton-Wahpeton Oyate Southcentral Foundation
Still University
Strategic Impact
The College of St. Catherine
The Critical Path Institute
Tohono O'odham Nation
Tuba City Regional Health Care Corporation
Turtle Mountain College
U.S. Department of Health and Human Services, Office of the Regional Health Administrator, Region V
Univeristy of Arizona, James E. Rogers College of Law
University of Alaska Anchorage
Maniilaq Health Center
University of Alaska Anchorage
University of Alaska Fairbanks
University of Alaska Southeast

University of Arizona
University of Arizona, Arizona Cancer Center
University of Arizona, College of Medicine
University of Arizona, Mel and Enid Zuckerman College of Public Health
University of Arizona-Phoenix Campus
University of Georgetown
University of Michigan
University of New Mexico Health Sciences Center
University of North Dakota
University of North Dakota, School of Medicine and Health Science
University of Oklahoma
University of South Dakota
University of South Dakota, School of Medicine
University of South Florida
University of Washington
Ute Mountain Ute Tribe, NCAI
White Mountain Apache Tribe
Winslow Indian Health Care Center
Woodsford Washoe Community Council
Zuni PHS Indian Hospital

Conference Core Concepts

THE PURPOSE OF THIS CONFERENCE is to bring together a diverse group of individuals including academics/educators, health care providers (physicians, nurses, allied health professionals, community health workers, etc.), health facility administrators, public health officials, policy-makers, Elders and students to share information and experiences about appropriate and effective educational methodologies for primarily distance based AI/AN health professions education. **The overall theme and focus will be on cultivating collaboration and partnerships.** Three core concepts that will be illuminated during this conference include:

CULTURAL ATTUNEMENT

1 In the health professions, cultural attunement represents the dynamic nature of understanding diversity and cultures. Whereas cultural competence has historically recognized a set of “competencies,” they are many times examined at some point in time and for specific cultural settings or applications. Cultural attunement involves active “tuning in” on an ongoing basis. The process of cultural attunement involves constant communication, sensitivity to the dynamics of relationships within a culture, and respect for the values and beliefs of a culture. It comes from a position of cultural humility, but it represents active attention and ongoing mindfulness. Cultural attunement is the active and vigilant practice of maintaining cultural humility.

INTERPROFESSIONAL EDUCATION

2 Interprofessional education allows healthcare students and professionals on different career paths to learn from one another, which helps to provide a common set of goals while efficiently meeting patients’ complex needs. In communities with limited access to care, interprofessionalism can provide the teamwork, communication, and mutual support necessary to share responsibilities between different healthcare organizations. A unified workforce can also advocate more powerfully for necessary changes in healthcare frameworks. Interprofessional education requires partnerships between all aspects of the health system, such as universities, hospitals, governments, primary care physicians, faith communities, and tribes. Through interprofessional training and practice, professionals learn their role within the context of the larger healthcare community and patients receive the best care possible.

DISTANCE LEARNING/TELEHEALTH TECHNOLOGIES

3 Telehealth is the delivery of health-related services and information via telecommunications technologies. An expansion of telemedicine (which focuses more narrowly on the curative, clinical aspect), Telehealth encompasses preventive, promotive, and clinical aspects. Distance learning, one of many functions of telehealth, includes health professions education, continuing medical education, and grand rounds presentations. Distance learning allows professional health education to occur on a distant rural reservation or in an urban Indian healthcare setting. The integration of cutting-edge distance learning and telehealth technologies will introduce new curricula and educational methodologies to new environments, providing students of differing health profession opportunities to learn together in classes, small groups, in clinics, and at the bedside.



Preliminary Agenda At-A-Glance

Visit our website at www.PathwaysIntoHealthConference.org

Registration

REGISTRATION FEE:
\$150 PER PERSON

STUDENT FEE:
\$95 PER STUDENT

REGISTRATION DEADLINE
September 25, 2009

REGISTER ONLINE
www.PathwaysIntoHealthConference.org/about

PAYING BY CHECK
Please make your check payable to:
Montana Area Health Education Center
Montana State University
PO Box 170520
Bozeman, MT 59717-0520

QUESTIONS?
Contact us at
PathwaysIntoHealth@gmail.com

CEU CREDITS:
Information coming soon.

Visit our website at www.PathwaysIntoHealthConference.org

PRE-CONFERENCE: TUESDAY, OCTOBER 6, 2009

- 8:30am National Advisory Council and Governing Board Meetings
6:00pm Reception featuring a cultural presentation and exhibition of Native Artwork

DAY 1: WEDNESDAY, OCTOBER 7, 2009

- 7:30am Breakfast and Registration
8:15 Opening Circle offered by Elder
8:30 Welcome and Opening Remarks
- Jennifer Perez Cole, Director of Indian Affairs, Office of the Governor, State of Montana
 - Anna Whiting Sorrell, Director, Montana Dept. of Public Health and Human Services
 - Captain Zachary Taylor, MD, MS, Regional Health Administrator—Region VIII, U.S. Department of Health and Humans Services' Office of Public Health and Science
- 9:15 Pathways Into Health
- James M. Galloway, MD, FACP, FACC, FAHA, Assistant Surgeon General, Rear Admiral, U.S. Public Health Service, Regional Health Administrator, Region V
- 9:30 Opening Plenary
10:00 Break
10:15 Plenary Presentation: Partnerships and Collaboration
11:05 Panel Presentation
12:20pm Lunch
1:30 Plenary Presentation: Cultural Attunement
2:30 Panel Presentation: Cultural Attunement
3:50 Break
4:10 Closing Plenary
4:50 Elder Reflection
5:00pm Adjourn Day 1 conference sessions

DAY 1: EVENING AGENDA

- 5:15pm Poster Presentations featuring exhibition of Native Artwork

DAY 2: THURSDAY, OCTOBER 8, 2009

- 7:30am Breakfast
- 8:15 Opening Circle offered by Elder
- 8:30 Welcome
- 8:40 Plenary Presentation: Distance Learning/Telehealth Technologies
- 9:30 Break
- 9:45 Panel Presentation: Distance Learning/Telehealth Technologies
- 12:00pm Lunch and Networking Excursion to Yellowstone National Park
Conference sessions will be provided in-transit
- 5:00 Exhibition and Silent Auction of Native Artwork
- 6:00 Dinner at Yellowstone National Park

DAY 3: FRIDAY, OCTOBER 9, 2009

- 7:45am Breakfast
- 8:15 Opening Circle offered by Elder
- 8:30 Plenary Presentation: Interprofessional Education
- 9:25 Break
- 9:45 Panel Presentation: Interprofessional Education
- 11:30 Lunch featuring Student Panel Presentation
- 12:30pm Breakout Sessions:
Breakout sessions are designed to provide conference participants an opportunity to discuss the conference presentations and how it relates to their work as well as next steps in each of these areas:

Interprofessional Education

Opportunities and effective methodologies to allow healthcare students and professionals on different career paths to learn from one another

Distance Education/Telehealth Technologies

Current utilization and collaboration of Telehealth Technologies

Nursing

Innovative curriculum models, such as web-based modules, to be used by nursing education programs, including all tribal nursing education programs

Pipeline

Outreach and provision of appropriate experiences and resources that will engage AI/AN students and help them to take next steps toward a career in health care

Students

This session will foster dialogue on ways that PIH can support students through a discussion of the barriers faced by students pursuing higher education or training

- 2:30 Pathways Into Health: Building a Sustainable Future
- 4:00pm Adjourn

ELDERS

We are pleased to once again have the active involvement of Elder's at this year's conference. American Indian/Alaska Native students who have an Elder to mentor or support in them in the academic setting have enhanced learner success at every turn. There's something about the positive energy, connection to culture and values, and the heart-wisdom of Elders that directly impacts a student's confidence, clarity, and ultimate academic success. We are proud to introduce the following Elders participating in this year's conference and invite you to take time at the conference to get to know each of our Elders.

Peter Jacobs is a Yupik Elder from Bethel. He is sometimes referred to as the Elders' Elder and has served in numerous mentoring roles including with the University of Alaska Fairbanks, Rural Human Services program in Bethel, Alaska.



Peter Jacobs at the Pathways 2008 conference

Accommodations and Travel



Summit Hotel at Big Sky Resort

YELLOWSTONE

Just a short drive away from Big Sky Resort, Yellowstone National Park is the world's First National Park and with more than 3,472 square miles of untouched landscape, is also one of the largest. The Park boasts more than 10,000 geo-thermal features, including Old Faithful (which erupts nearly every hour and is one of over 300 geysers in the Park), 290 waterfalls, and over 1,100 historic structures. Yellowstone remains a sanctuary for over 200 species of birds and 60 mammals, including bear, roaming bison, herds of elk, wolves, and native fish. The Park offers 950 miles of hiking trails to view the wildlife, waterfalls, the Grand Canyon, and Lamar Valley.

RESORT RESERVATIONS

Call **Big Sky Resort** for reservations at 800.548.4486 or reserve online. When you register mention you are with the Pathways Into Health Conference. Conference room rates are available for Huntley Lodge, Summit at Big Sky, and Shoshone Condominiums; rates will be available to you three days before and three days after the conference.

Each conference participant will receive two-for-one scenic lift tickets (valid October 4-11, 2009).

For more information visit www.bigskyresort.com

TRAVEL INFORMATION

By air: More than 25 flights a day arrive into nearby Bozeman, Montana on four major airlines; Northwest, Delta/SkyWest, United/United Express, Alaska/Horizon and Allegiant. Various scheduled bus services connect the airport, Bozeman and the surrounding villages to the Resort.

By car: From Bozeman, Big Sky is a 45-minute drive on US Highway 191 through the beautiful Gallatin River Canyon.

More information: You will find comprehensive travel information at www.bigskyresort.com – click on “Plan Your Vacation.”

MONTANA: WELCOME TO BIG SKY COUNTRY

As the home of numerous iconic images of American heritage, Montana is aptly nicknamed the “Treasure State.” It is a land that is rich in biodiversity, geologic and scenic beauty, and preciously preserved cultural heritage.

Montana is also no stranger to American Indian culture and communities. There are approximately 48,000 American Indians, representing 11 different tribes, living in Montana. There are eight Montana Indian Reservations Blackfeet, Crow, Flathead, Fort Peck, Fort Belknap, Little Shell, Northern Cheyenne, and Rocky Boy's.

For more information on Montana, please visit:

Montana's Official State Website: <http://mt.gov>

Montana Official State Travel Site: <http://visitmt.com/>

Indian Nations of Montana: <http://indiannations.visitmt.com/>

About Big Sky: <http://bigsky.visitmt.com/visitbigskymt/about.html>

Greater Yellowstone Region Geotourism MapGuide: www.yellowstonegeotourism.org



Call for Artwork

Artwork includes: photos, written pieces (poetry, essays etc.), Native crafts and goods.

SEPTEMBER 25th SUBMISSION DEADLINE

Pathways Into Health is now accepting artwork submissions. As part of this event, we will have an artwork exhibition that highlights American Indian/Alaska Native culture and landscape.

- Selected artwork submissions will be exhibited for silent auction during the conference.
- Submissions will not be returned.
- Submitters need not attend the conference in order to submit artwork; submitters will be acknowledged during the exhibit regardless of attendance.
- Submission of artwork implies consent to use image in program materials as appropriate, unless otherwise noted.
- Submissions from all are welcome and encouraged.
- All photos submitted prior to **September 1st** will be eligible to be in the conference program.

SUBMISSION INFORMATION

Please include the following:

- Name
- Organization, Institutional and/or Tribal Affiliation (optional)
- Address
- Phone
- Fax
- E-mail
- Title of artwork
- Description artwork
(essays to accompany photos/crafts/goods are also welcome but not required)
- Please indicate YES or NO if we may consider this a contribution to Pathways Into Health

PHOTO SUBMISSIONS

Submit photo(s) either via postal mail or e-mail. Printed photos to be submitted via mail should be 8"x10" or larger (however smaller submissions will also be accepted).

WRITING SUBMISSIONS

Submit written pieces either via postal mail or e-mail.

Native Crafts and Goods submissions

Please contact Nadiah.Mohajir@hhs.gov to arrange for crafts and goods submission. Please include "PATHWAYS ARTWORK SUBMISSION" in subject line of e-mail.

MAILED SUBMISSIONS SHOULD BE SENT TO:

Lesley Craig
Office of the Regional Health Administrator
U.S. Department of Health and Human Services
233 N. Michigan Ave, Suite 1300
Chicago, Illinois 60601

ELECTRONIC SUBMISSIONS SHOULD BE SENT TO:

Nadiah Mohajir via e-mail at Nadiah.Mohajir@hhs.gov
Include "PATHWAYS ARTWORK SUBMISSION" in subject line of e-mail





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- 1** Cultural Attunement
- 2** Interprofessional Education
- 3** Distance Learning/Telehealth technologies



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